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Background

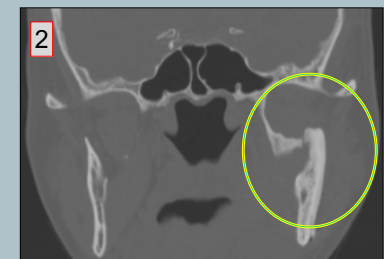
Approach to the infratemporal fossa (ITF) is challenging. ITF contains the internal maxillary artery (IMA) and pterygoid venous plexus (PVP); injury causes significant bleeding. Traditional approaches to ITF are designed to provide wide exposure which has associated morbidity.

Purpose

This case presents a novel design of a patient-specific cutting guide. With this guide, we were able to access ITF, resect heterotopic bone, avoid IMA and PVP, and minimize the surgical burden to patient

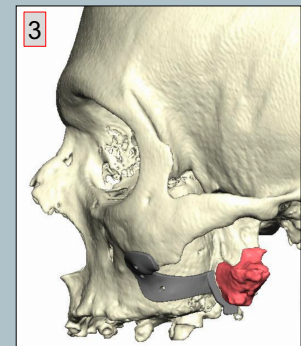
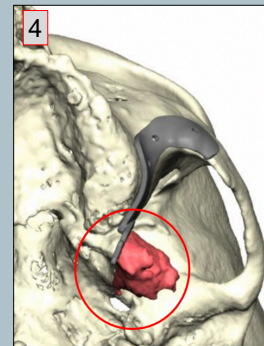
Case Report

- 65-year-old male with past medical history of HIV and HTN
- Chief complaint: trismus
- 20 years ago, he had open reduction and internal fixation of body and angle mandible fractures at another institution
- His maximum mouth opening was 15 mm (Figure 1)
- CT: bone fusion between coronoid process and lateral pterygoid plate (Figure 2)-
- Size of bone 14 x 17 x 8 mm
- Patient specific cutting guide (IPS KLS Martin) (Figure 5)
- Under general anesthesia, via intra-oral approach, resection of bone fusion, left coronoidectomy, and extraction of teeth
- Maximum mouth opening increased to 46 mm (Figure 6)



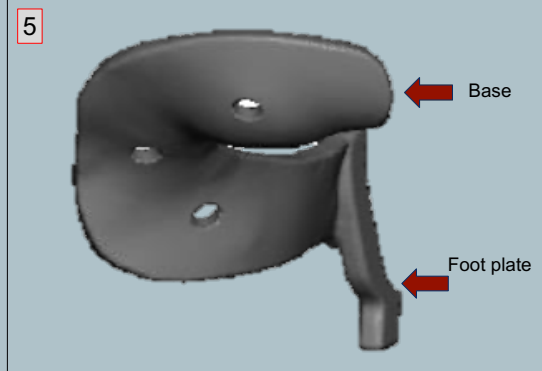
Cutting Guide

- Base followed shape of the zygomaticomaxillary buttress and fixated with 3 screws (Figure 3)
- Foot plate oriented saw blade in the desired direction and depth of superior osteotomy
- Depth of the superior osteotomy was determined based on the depth of MBF. Therefore, avoided injury to IMA and PVP (Figure 4)
- Cutting guide was fabricated from titanium alloy
 - Less bulky
 - Easily placed through an intraoral incision



Discussion

- The fundamental goals of surgical approaches to ITF are to provide sufficient exposure and access for complete resection of the pathology, minimize risk of intra-operative and post-operative hemorrhage, and decrease extent of surgical intervention.¹
- Approaches to ITF consist of a wide transcutaneous incision with facial flap elevation, mobilization of the parotid gland, facial nerve exposure and/or main trunk transection, and mandibulotomy.
- These approaches have potential for substantial morbidity.^{1,9} Some cases report endoscopic approaches to the ITF.^{9,10} A transoral approach avoids the transcutaneous incision¹⁰ and potential associated morbidities.
- In conclusion, this technical note describes our patient-specific cutting guide which we fabricated to approach ITF via a transoral approach. Using this guide, we were able to resect bone located at ITF which was causing fusion of maxilla to mandible.
- Our guide enabled us to avoid a transcutaneous approach, perform a minimally invasive operation, and decrease length of hospital stay for the patient.



References

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